



## **PSI Dressage & Jumping with the Stars – Biosecurity Notice – 14.03.2026**

PSI Dressage & Jumping with the Stars wishes to advise competitors that **Equine Herpesvirus type 4 (EHV-4)** has recently been confirmed in the Gippsland region of Victoria.

EHV-4 is a common virus in horses and is known to be present across many parts of Victoria. It can cause respiratory disease, particularly in younger horses, and good biosecurity and hygiene practices are important to help reduce the spread of infection.

The virus spreads primarily through **close contact between horses via respiratory secretions**, and may also be transmitted through **contaminated equipment, clothing, hands, or shared feed and water containers**.

### **Symptoms to Watch For**

Competitors should monitor their horses closely for any signs of illness, including:

- Fever
- Lethargy
- Nasal discharge
- Coughing
- Respiratory signs
- Mouth ulcers

Most cases of EHV-4 are **mild and horses generally recover well with supportive veterinary care**, however it remains important that we all take sensible precautions to limit transmission.

### **Biosecurity Requirements**

To protect all horses attending the event, we ask competitors to follow these simple precautions:

- **Do not travel horses that are unwell or showing any symptoms of illness.**
- If possible, **check your horse's temperature before travelling**. A normal resting rectal temperature should be **below 38.6°C**.
- Horses showing signs of illness on arrival or during the event **may be isolated and required to leave the grounds**.
- Avoid sharing water buckets, feed containers, tack, or equipment between horses.
- Maintain good hygiene practices including washing hands between handling horses.

If your horse becomes unwell or you are concerned about any symptoms, please seek advice from your **equine veterinarian before travelling**.

We thank all competitors for their cooperation in helping protect the health and welfare of horses attending PSI Dressage & Jumping with the Stars.